

Overeaters Anonymous Western Mass Intergroup Business Meeting Minutes November 13, 2022

Voting Attendees: Anne H., Beth C., Carol Ch., Ellen C., Julie B., Mark C., Patty, Rob R., Sandra, Sean R., and Sr. Susan T.

Board Reports

- 1) Chair's Report—Rob stated that although other items are on the agenda our first order of business after board reports is the nomination of new officers for 2023.
- 2) Vice Chair Report—Carol Ch. reported that she and Gwen gave notice to NEXA that we would no longer be using or paying for their service. A Google phone number has been set up and five people have volunteered to have their phone numbers behind the Google number. Have not been able to test yet. As soon as tests are completed successfully, the number on our website will be changed. A few meeting list changes were passed on to the Corresponding Secretary.
- 3) Recording Secretary's Report— Because no one read the October minutes prior to today's meeting, no vote to accept the Minutes was held.
- 4) Treasurer's Report— October report was accepted as written.
- 5) Corresponding Secretary's Report—Mark reported that all meeting changes have been posted to the website.

Committee Reports—None

Old and New Business

1. Nominations – Our Intergroup Board Trusted Servant positions (one-year term; two-year limit) are:
 - a. Chair – no nominations were made
 - b. Vice-chair – no nominations were made
 - c. Treasurer – no nominations were made; however Ellen knows someone who may be interested in serving in this position.
 - d. Recording Secretary – no nominations were made
 - e. Corresponding Secretary – Sean R. expressed his interest in serving
 - f. Archivist – Sue S is likely interested in remaining in this position
 - g. Website and Publications Coordinator – no nominations were made
 - h. Committee Chairs
 - i. Marathon – no volunteers
 - ii. Phone – five individuals will share this commitment
 - iii. PIPO (Public Information / Professional Outreach) – has been vacant for several years
 - iv. Retreat—Jill is the chair for 2023 committee
 - i. Region 6 Rep (2-year term)—Karen S. and Rob will continue into 2023.
 - j. WSBC Delegate—Vacant. No one volunteered

2. Ellen: we're at a turning point.
3. Mark said that we should resist rotating the Trusted Servant positions among current WMI Trusted Servants/members. We need new blood, new ideas, new energy and interest.
4. Rob said that our current dilemma could be an opportunity. We're clearly at a turning point. If we can't fill these trusted servant roles, how can WMI continue? Can WMI become a thriving Intergroup where members find recovery through service, and compulsive eaters in and out of the rooms find help, or should WMI fold? Let's see if we can find a path forward at our December 11th meeting.
5. Discussion of how to attract officers and group representatives to Intergroup ensued. The following were the ideas presented by various members:
 - a. Split up the meeting list among active WMIG members and have each attend business meetings of each, first requesting for time on their agendas. Let the group members know what WMIG does to benefit them. Express the urgency of stewardship.
 - b. Share key positions until new officers can be recruited.
 - c. Each member read the document of ideas for reinvigorating Intergroups and come to the next meeting ready to propose a handful for us to implement.
 - d. Make WMIG monthly meeting hybrid. In person may be more effective for some people and attract more interest.
 - e. Day and time of monthly meeting may be a barrier to participation for many. Consider changing it.
6. Patty expressed that, as a newer member, this has been difficult to hear. Do we have materials that will familiarize new WMI members with WMI, and set expectations?

The meeting was adjourned at 3:30 pm with recitation of the Serenity Prayer.
Our next meeting will be held on Sunday, December 11, 2022, at 2pm.

Respectfully Submitted,
Beth C