

Overeaters Anonymous Western Mass Intergroup Business Meeting Minutes July 10, 2022

Voting Attendees: Adwoa, Anne H., Beth C., Carol Ch., Celeste L., Debbie T., John C., Julie B., Karen S., Marie M., Mark C., Mary W-B, Rob R., and Sr. Susan T.

Board Reports

1. Chair's Report—Rob had nothing new to report.
2. Vice Chair Report—Carol expressed her concerns about the outlook for filling officer roles on the 2023 WMIG. (See her typed notes at the end of these minutes. **)
3. Recording Secretary's Report— July minutes were accepted as written.
4. Treasurer's Report— July report was accepted as written.
5. Corresponding Secretary's Report— Mark C. was nominated and voted into this role for the remainder of 2022.
6. Region 6 Rep Report— none
7. WSBC Delegate Reports—none

Committee Reports

1. Phone Service liaison – Carol Ch. spoke with Gwen, our Phone Answering Service Liaison. Traffic on our 413-783-4198 oawmass.org line is back to pre-pandemic levels. Our answering service is Crocker Communication. Crocker manages phone inquiries and redirects callers as needed.
2. Marathon Committee – Karen S reported that one more speaker is needed for the morning sessions on Tools. The afternoon program will feature “Twelve Stepping a Problem” which is a guided writing exercise to use the twelve steps to address life problems without reaching for food. Wallet cards will be given to all attendees. A five-dollar donation will be requested at the door. A motion was made and passed to approve a \$100 budget for the Marathon. Karen asked that the Marathon email account be put on our website. Karen also reported that she will attend the Region 6 Fall Assembly as a representative for WMIG.
3. Monthly recovery meetings offered by intergroup – Adwoa talked to Carol Ch. and Beth B. and learned that similar meetings were offered in the past with waning participation until the effort was dropped. As alternatives, Adwoa will be joining Carol in her effort to visit all unrepresented meetings to encourage Intergroup participation. Adwoa also would like to explore the idea of WMIG sponsoring special interest groups. John C. said that Connecticut does a lot of these with positive results. Julie added that the Virtual Region is a great resource for pursuing that undertaking.
4. Rob asked all to review the contact list and send updates to the corresponding secretary.

Coming Events, and “Help Wanted!”

1. Help wanted for Marathon: Service on the day of the Marathon
2. NEW EVENT CALENDAR at oa.org: <https://oa.org/event-calendar/>
3. NEW IN PERSON MEETING: Thursdays, 6-7pm, St. John's Episcopal Church, 48 Elm Street, Northampton. Rotating format. Masks in common areas, and mask in the meeting to start. Follow signs upstairs. Contact Mary W. 818-406-6978

4. Intergroup Renewal Training September 15-16. **** NOTE CHANGE IN DATES ****
Thursday 7-9 pm Friday 9 am-6 pm Conducted via Zoom. Info on this *11-hour* training can be found at <https://tinyurl.com/23dbwnhy>
5. Region 6 Fall Assembly, Saturday, September 17th (to be held virtually)
 - a. Registration opened August 13th
 - b. WMI can have 4 Region Reps attend (currently have 2)

Old and New Business

1. We discussed Question 7 of the Intergroup Inventory. Question 7 is “Are we incorporated? Do we have nonprofit tax status?” Deb T. asked that the pros and cons be written out. Karen S. will work with Julie to do that. Voting on this issue was deferred to the September meeting.
2. The proposed member survey was discussed. It was generally agreed it would be a good idea. Rob asked all to review the Cape Cod survey and results, whose links are provided below and prepare to discuss and vote on this proposal next month.
<https://www.surveymonkey.com/r/2022CCISurvey>.
(Cape Cod Intergroup’s results are posted here: <https://tinyurl.com/2p8n6d35>).
3. WMIG obtaining its own Zoom account was discussed without resolution. It was deferred to the next month’s agenda.

The meeting was adjourned at 3:15 pm with recitation of the Serenity Prayer.
Our next meeting will be held on Sunday, September 11, 2022, at 2pm.

Respectfully Submitted,
Beth C

****Vice Chairs report**

WMI Officers Outlook for 2023

We have four more WMI meetings with our current trusted servants (Sept, Oct, Nov, Dec), all of whom are stepping out of these service roles at the end of December 2022.

Rob	Chair
Carol	Vice Chair
Beth	Recording Secy
Anne	Treasurer
Mark	Corresponding Secy (8/14-12/31)
Gwen	Phone Answering Service Liaison
Marlene	R6 Rep & WSBC Delegate

Our committees are staffed and will be accepting more members if interested in joining.

Please note that all of us have served for two consecutive years. All of the positions in the table will be available and filled by new people for the January 8, 2023 WMI meeting. All current officers are talking to their OA friends and groups about the many rewards of doing intergroup service, as well as the necessity of rotation of trusted servants.

Believe me when I say that these services have strengthened our connections to OA and as a result our freedom from food obsession and compulsive food behaviors.

[Carol asked for a moment of silence followed by silent individual prayers for the filling of service roles for 2023.]

None of us felt pre-qualified for our service roles. Just about the time we start getting good at the job, it's time to step down. And that's how it's supposed to work.