

## **Overeaters Anonymous Western Mass Intergroup Business Meeting Minutes December 12, 2021**

Attendees: Anne H., Beth C., Carol Ch., Donna G., Ellen C., Gwen G., Karen S., Louise S., Marlene B., Mary I., and Rob R.

### Board Reports

1. Chair's Report—
  - a. After being zoom bombed during the November 30<sup>th</sup> newcomers meeting, Rob has learned what steps to take to counteract it, i.e., click on Security icon and suspend participant activity, change to “enable waiting room” and allow legitimate participants back into the meeting.)
  - b. Mary O. has resigned as Group Rep for Sunday 5pm Longmeadow meeting.
  - c. Region 6 Intergroup Forum is a great way to obtain useful information and meet people from other Intergroups. All are welcome. Rob will email out details of how to attend the next Forum.
2. Vice Chair Report—
  - a. Carol has tested the restored WMIG email addresses.
  - b. Temporary changes to meetings will be posted to the Meeting List and changed again after temporary period has elapsed. This is meant to reduce clutter on the events page.
3. Recording Secretary's Report—The November minutes were accepted as written.
4. Treasurer's Report—The November report was accepted as written.
5. Corresponding Secretary's Report—
  - a. Karen S. is fulfilling this role now with the help of Martha (weekly email of events) and Carol Ch (Meeting List updates).
  - b. Karen would like to serve as Corresponding Secretary 2022.
  - c. She would also like to revise the position description in the Policies and Procedures to reflect the current division of labor.
  - d. The Newsletter did not go out as scheduled. It may be unnecessary given the coverage of news on our newly designed website. (Rob suggested that we might devote a new page to Local Member Shares.)
6. Region 6 Rep Report—
  - a. Marlene B. is still serving on the PI/PO committee but is no longer chairing it.
  - b. She is currently contacting speakers for upcoming workshops on Google and Facebook ads.
7. WSBC Delegate Reports—
  - a. Marlene is still serving on the PI/PO committee which has thirty-five members.
  - b. Presented ad mockups to the PI/PO committee. The ads target Medical Professionals.
  - c. Working on revisions to ads based on feedback received from committee members.

## Committee Reports

1. Phone Service liaison –  
Gwen will announce at the January meeting which billing plan with Crocker Communications she recommends.
2. Workshop Working Group – Workshop on First 12 days of OA was not held on Dec 4<sup>th</sup>.  
Looking at rescheduling for a date in January.
3. Zoom Account recommendations and next steps will be considered in January.
4. Retreat Committee –
  - a. Retreat scheduled for June 3 – 5, 2022 at Genesis.
  - b. Cost will be \$230 per person.
  - c. Marlene J. is consulting with Genesis on details.
  - d. Karen S. has volunteered to do Registration.
  - e. Flyers are ready. Anne H. will deliver to anyone wanting to distribute. She will also ask for electronic copy to be sent to Beth or Karen for email distribution.
5. Marathon –
  - a. No one working on it now.
  - b. Anne H., Karen S. and Gwen are willing to work on it.
  - c. They will explore possibility of holding it in person.
  - d. May need to reschedule to later than January.

## Old and New Business –

1. Elections were held with the following results:
  - a. Chair – Rob R.
  - b. Vice Chair – Carol Ch.
  - c. Treasurer – Anne H.
  - d. Recording Secretary – Beth C.
  - e. Corresponding Secretary – Karen S.
  - f. Archivist – Sue S.
  - g. Website and Publications Coordinator – vacant
  - h. Region 6 Representatives – Marlene B., Rob R., and Karen S.
  - i. WSBC Delegate – Marlene B.

## New Business–

1. Business raised and deferred to next month
  - a. Segregating Local Event announcements to a separate new page on the website.
  - b. Revising the position descriptions of Corresponding Secretary and Website and Publications Coordinator roles.
2. What went well in 2021
  - a. Website redesign
  - b. Newcomers and Step 1, 2, 3 zoom meetings
  - c. Billboards
  - d. Receipt of 2 Region 6 Blitz awards
  - e. Service positions filled
  - f. Despite some difficult discussions, we're all still involved.
  - g. Organization of meetings helped us stay on track and accomplish a lot.
3. What do we want to accomplish in 2022?
  - a. Develop workshops and hold them as hybrid meetings

- b. Address changes to Bylaws, Policies and Procedures (e.g., Corresponding Secretary and Website and Publications Coordinator position descriptions.) Marlene suggested we “keep it light” and not try to bite off more than we can chew or need to do.
- c. Welcome people new to WMIG and attending on Zoom. Rob asked Marlene to think about what welcoming would look like.
- d. Hold the 2022 Marathon and set planning for 2023 in motion.
- e. Support Rotation of Service principle by holding workshops on what it means to serve and by direct appeals to individuals to serve based on their interests and/or skill sets.
- f. Encourage and support sponsorship by developing and maintaining a list on the website. Rob suggested we explore ways to do this without breaching individuals’ privacy.
- g. Continue Newcomers and Steps 1, 2, 3 meetings and get more OAs involved in chairing and getting speakers.
- h. Ask each OA group to develop and hold one workshop in 2022. Ideas: Open a group Anniversary Meeting to all, IDEA (International Day of Experiencing Abstinence), one of the WSBC “to do” items.

The meeting was adjourned at 2:15 pm. Our next meeting will be held on Sunday, January 9, 2022.

Respectfully Submitted,  
Beth C