OA Western MA Intergroup 47th Annual Retreat **A Guided Walk through the 12 Steps of OA** Friday September 19th - Sunday Sept 21st, 2025

Whether you are a newcomer to Overeaters Anonymous or an experienced member, retreats are a fantastic way to experience recovery, delve into 12 Step work, spend some time with a Higher Power, and of course, make new friends along the journey. Come join us!

About Genesis Spiritual Life Center

Located at 53 Mill Street in Westfield, MA. 01085 Come walk amongst the trees in the Arboretum, relax in the gardens and reconnect with your Higher Power in this very special place we have used as our retreat home for many years.



Transportation Options

Boston International Airport is about 90 minutes away. Bradley International Airport in Windsor Locks, CT is about 30 minutes away. Springfield Train station is a 20-minute drive. Local bus route is 3 blocks away. Close to I-90.

Location:

Call or text Linda G for more information at 845-625-9016 retreat@oawmass.org

Please do not contact the Genesis Spiritual Center directly.

Information about directions and the location is available at the Genesis Spiritual Center website:

https://genesisspiritualcenter.org/

Food Plans:

The Genesis Retreat Center will provide 6 healthy meals which will accommodate most OA member's food plans. If you have specific dietary needs, please bring what you need. A refrigerator and microwave are available for your use. Specific questions about the meal plan should be sent by e-mail to retreat@oawmass.org

Western Mass Intergroup Website:
WWW.0awmass.org

OVEREATERS ANONYMOUS WESTERN MASS INTERGROUP Retreat Registration Form.

<u>Information</u> - For information requests contact Linda G. at 845-625-9016. <u>retreat@oawmass.org</u> **Please** do not contact Genesis directly.

<u>Cost</u> - The cost is \$320 per person for double rooms or \$400 for a single room. A limited number of single rooms and rooms on the first floor are available so please note if you need that accommodation and register early. Costs include accommodations, six healthy meals, and lots of recovery! Retreat space is limited- first come, first served.

<u>Scholarships</u> – Scholarships are limited and are available on a first come/first served basis. You must register with a **\$100** deposit before **June 15**, to be considered for a scholarship for the balance. Recipients will be notified by e-mail after **August 1**, **2025**. Deposits will be returned if scholarships are unavailable. New scholarship applicants will be given preference. Scholarship recipients must use a double room with a roommate.

<u>Retreat Packets</u> - Retreat attendees will receive directions, check in and menu details, itinerary, things-to-bring and instructions by email after **September 1, 2025**.

<u>Check-in</u> will take place on **Friday September 19 from 4 p.m. to 6:00p.m**. at the dormitory. The retreat ends on **Sunday, September 21** at **noon**. Lunch will be served after closing circle. Check out of the dormitory must be complete by 10:00 AM Sunday.

<u>Cancellations</u> - Cancellations are not refundable after **August 1, 2025**. However, you are welcome to find a substitute who can reimburse you if you are unable to attend.

<u>To Register</u> - Please fill out form below and mail it along with your check payable to **WMI Retreat** to: **WMI Retreat**, **P.O. Box 2911**, **Springfield**, **MA 01101**.

Preferred gender pronouns