

Overeaters Anonymous WMI Business Meeting Minutes December 10, 2023

The meeting opened at 6:00 pm by Vice Chairperson Julie with a full moment of silence followed by the Serenity Prayer.

Roll Call was by Julie.

Tradition 12 was read by Joette with thoughts shared on the value of the **Spiritual Principle-“Spirituality”** from Sean.

Concept 12 was read by Debbie with thoughts shared on the value of the **Spiritual Principle: “Guidelines”** by Julie.

- (a) Selflessness**
- (b) Realism**
- (c) Representation**
- (d) Dialogue**
- (e) Compassion**
- (f) Respect**

Attendees: Anne H., Carol Ch., David B., Deb T., Joette S., Julie B., Maureen L., Rob R., Sean R., & Claire H & Mary O. (Guest observers).

Board Reports

- Vice Chair Julie reported she will discuss the bylaw change under Old Business. She also reported that the South Amherst meeting has stopped meeting in person, however they will be meeting via ZOOM. They have a lot of material. Carol made the motion which was passed to donate the materials to WMI to be used for any special interest groups that could use the material.
- Recording Secretary Minutes: Motion made & voted to accept the November minutes.
- Treasurer’s Report: Motion made & voted to accept the report.
- Corresponding Secretary: Sean with the help of Carol will be updating the meeting lists & mailing lists.

Standing Committee Reports

- **PIPO:** Maureen reported that she received a call from Sue stating that she has learned that some local newspapers are putting meeting information in their papers for free & that she has received calls from these ads. It was recommended that the WMI phone number be added to the ads to lessen the burden on Sue taking all the calls.
- **Phone Service:** No report, however David would like to volunteer to also help Patty with the phone service.
- **Website:** Rob reported business as usual.
- **Marathon:** Joette reported that she & her committee will be meeting after the holidays to begin planning. David also commented that the group is looking for a new name for the event and possibly shortening the day.
- **Retreat:** Joette reported that she has obtained “liability insurance” for the Retreat. A flyer has been sent out by Karen. Joette also reported that all registrations will from now on be sent to the PO Box. To avoid confusion, she will be handling the money collected.
- **WSBC Delegate:** position still vacant
- **Archives:** No report
- **Region 6:** No report

Old Business:

Bylaws: Julie reported that the procedure outlined in the bylaws for how we change the bylaws is missing one important step, so today WMI voted to add the following sentence to Section IX of the bylaws: “Once bylaw changes have been approved by WMI, they must be reviewed by the Region VI Trustee to ensure that said changes do not conflict with OA policies, procedures, traditions, or concepts.” The addition of this sentence simply reflects already existing procedure and brings the bylaws into alignment with what we already do.

Intergroup Membership Survey: Maureen has volunteered to help Rob with data analysis.

New Business:

Election for 2024 WMI Officers: By vote we approved all of positions for the 2024 slate of officers except Corresponding Secretary. Rob nominated Carol as “interim Corresponding Secretary” until Sean can return to this role in the Spring. The motion was passed.

Friday Longmeadow meeting is now using the 2nd edition of the “Abstinence Book” for their meeting.

Joette will make up a budget to be discussed at the January meeting.

The meeting adjourned at 7:00 pm with recitation of the Responsibility Pledge followed by Roseanne’s Prayer.

Next meeting is on Sunday, January 14, 2024, at 6pm.

Respectfully submitted,

Deb T.
Recording Secretary