

Overeaters Anonymous WMI Business Meeting Minutes

December 8, 2024

The meeting opened at 6:00 pm by Chairperson Ellen with a full minute of silence followed by the Serenity Prayer.

Roll Call was by Julie.

Attendees: Anne H., Beth B., Carol Ch., Deb T., David B., Ellen C., Joette S., Julie B., Karen S., & Lynn W.

Tradition 12 was read by Karen with thoughts shared on the value of the **Spiritual Principle- "Spirituality"** by her also.

Concept 12 was read by Karen also with thoughts shared on the **Spiritual Principle - "Guidelines: (a) Selflessness (b) Realism (c) Representation (d) Dialogue (e) Compassion (f) Respect** by Karen & Julie.

Board Member Reports

- **Chair Report:** Ellen gave a synopsis of the group's accomplishments for the past year.
 1. We applied for and were awarded monies from PIPO Blitz Region 6 to fund the following two projects:
 - a. signs on buses throughout the Pioneer Valley with OA information
 - b. brochure holders filled with specific pamphlets for distribution to health and college services, libraries, senior centers, etc. PIPO committee formed December 2024.
 2. We went through the tedious process of becoming tax exempt/non-profit status
 3. We have been continually updating our website
 4. We filled the World Service Delegate position which had been vacant
 5. We conducted a membership survey and received some useful information
 6. The retreat, which was held at the same location for many years, was changed to a new location this year due to a high fee. Next year it is going back to its original location because it is a lovely peaceful site.
 7. We make donation giving much easier with a "Donate" button
 8. The marathon has a new name which is Share-a-thon
 9. Another very tedious task was updating the bylaws.
 10. We changed our phone service to a free Google Voice Phone number, saving a substantial amount of money every month.
 11. We changed our Webmaster to the current one, getting much better service & also at a substantially reduced price per month.
- **Vice Chair Report:** Julie reported that she has completed the job descriptions for "Chair & Treasurer". She has been busy putting up flyers.
- **Recording Secretary Minutes:** Motion made & voted to accept the minutes with a change noted by Carol regarding the email address being "info@wmass.org."

- **Treasurer's Report:** Motion made & voted to accept report as is.
- **Corresponding Secretary Report:** Carol reported that she continues to receive & communicate to webmaster any meeting list updates. She also fields any inquiries sent to info@oawmass.org .
- **Standing Committee Reports**
- **PIPO:** Karen reported that she, Anne H & Sue met to work on their committee work, A tri fold pamphlet was produced & they are waiting to hear from World Service if it is okay to use. They hope to distribute the pamphlet to colleges, libraries & senior centers.
- **Phone Liaison:** Carol reported that Leslie's phone was incompatible with forwarding from WMI's Google Voice number so, regrettably, Leslie will be unable to do that service and the position is reopened. Carol Ch is covering the interim. There were no phone calls in the past month.
- **Website:** No report.
- **Share-A-Thon:** Looking for this to be planned for January 2026.
- **Retreat:** No report
- **WSBC Delegate:** Joette reported that the 12 Step Within Group from WSBC will be having a 24-hour Global Virtual Marathon on December 12th.
- **Archives:** Tabled till January mtg.
- **Region 6:** Karen would like to continue as our representative because she thoroughly enjoys working on the committee she is currently on. She also reported that the monthly newsletter, **Messenger**, is being published again. Go on the Region 6 website, oaregion6.org to sign up to receive it monthly.
- **Old Business:**
- **Donate Button.** Lynn reported that the button was used one time this past month for donations.
- **New Business: WMI Elections**
- The slate of officers for 2025 was voted by acclamation.

WMI Chair- Beth B

Vice Chair- Lynn W.

Recording Secretary: Deb T.

Treasurer: Joette S.

Corresponding Secretary: Carol Ch.

Interim Phone Liaison: Carol Ch.

- **WMI Chairperson**

Beth B. introduced herself to the group and shared that she is looking forward to being our chairperson for the coming year. She wanted it to note that because of prior commitments she may not be attending our meetings in January and March. She will be meeting with Vice Chair Lynn prior to our January meeting to formulate the agenda, etc. We are so thankful to Ellen for her devoted leadership over the past two years and look forward to our new leader, Beth.

- The meeting adjourned at 7:05pm with recitation of the Responsibility Pledge.

The next meeting is on January 12, 2025 at 6pm.

Respectfully submitted,

Deb T.

Recording Secretary